

CURRICULUM VITA:

Dr. Gajanana Prabhu B.

Associate Professor & Chairman

Dept. of P. G. Studies & Research in Physical Education

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ACADEMIC PROFILE

- 2007-2011** **Doctor of Philosophy (Ph.D)**
Guide: **Dr. S.M. Prakash**
Kuvempu University, Shankarghatta.
Title: "Influence of loading patterns and muscular performance on bone mineral density of trained athletes."
- 2003-2005** **Master of Physical Education (M.P.E)**
Lakshmibai National College of Physical Education, Trivandrum.
University of Kerala, Trivandrum.
Status: First class with distinction (76%)
- 2002-2003** **Bachelor of Physical education (B.P.Ed)**
Shri. K.G. Nadgir College of Physical education, Dharwar.
Karnatak University, Dharwar.
Status: First Class with distinction (88.33%)
- 1999-2002** **Bachelor of Arts (B.A.)**
Sri Sharada College, Basrur & S.D.M.College , Ujire.
Mangalore University, Mangalore.
Status: First Class (62.93%)
- 1997-1999** **P.U.C.**
Government Pre-University College, Koteshwara.
Department of Pre-University Education, Karnataka
Status: Second Class (57.50%)
- 1996-1997** **S.S.L.C**
V.K.R. Acharya Memorial English Medium High School, Kundapur
Karnataka Secondary Education Examination Board.
Status: First Class (66.88%)

PERSONAL PROFILE

Name : **Gajanana Prabhu . B.**
Father's Name : Chandrashekar Prabhu. B.
Mother's Name : Poornima .C. Prabhu
Residential Address : A-104, Ammunje Nest Apartment, Holehonnur road,
Gurupura, Shimoga 577203

Address for communication : Indoor Sports Complex
Kuvempu University
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Phone Number : 9845311458 (Mobile)
08282-257129 (Office)

E-mail : prabhujj888@gmail.com

Date of Birth : 26th January 1981

Sex : Male

Marital Status : Married

Nationality : Indian

Languages Known : English, Hindi, Kannada, Konkani, Malayalam & Tulu

AREAS OF SPECIAL INTEREST

- ❖ Adapted Physical Education.
- ❖ Sports Medicine.
- ❖ Coaching in Basketball, Handball & Volleyball
- ❖ Yoga & Aerobic Dance instruction.

ADDITIONAL QUALIFICATIONS

- ❖ Qualified National Eligibility Test (**NET**) for Lectureship and Junior Research Fellowship (**JRF**) conducted by University Grants Commission (UGC) during December 2004
- ❖ Completed six weeks certificate course in Sports coaching (**HANDBALL**) conducted by Sports Authority of India with 'A' Grade in 2007.
- ❖ Completed six weeks certificate course in Sports coaching (**TRACK & FIELD**) conducted by Sports Authority of India with 'A' Grade in 2004.

SPORT ACHIEVEMENTS

- ❖ Represented Mangalore University in south zone inter university volleyball tournament held at Nagarjuna University in **2000-01**.
- ❖ Represented Mangalore University in south zone inter university volleyball tournament held at Annamalai University in **2001-02**.
- ❖ Represented Karnatak University in south zone inter university volleyball tournament held at Bharathiar University in **2002-03**.
- ❖ Captain of L.N.C.P.E college volleyball team that won the 34th Kutty Krishnan Memorial All Kerala Intercollegiate volleyball tournament held at T.K.M College of Engg. Kollam in January - 2005.
- ❖ Represented Udupi District in State level Under 19 volleyball Championship for boys at Malavalli, Mandya during 1999

- ❖ Represented Udupi District in State level Under 16 volleyball Championship for boys at Byahatti, Hubli during 1997

PUBLICATION OF RESEARCH WORK

2024

1. **Prabhu, G. B.** & Ramesh B. G. (2024). Effectiveness of Music Intervention During Running. Proceeding of the National conference on “Impact of National Education Policy on Sports Yoga and Wellness” on 22nd March, 2024 organized by Department of Physical Education, University College of Science, Tumkur University, Karnataka. 249-256. ISBN: 978-93-82694-60-1.

2023

1. **Prabhu, G. B.** & Shivu (2023). Attitude towards physical education in Under-Graduate students studying physical education as an open elective subject. *Scholarly Research Journal for interdisciplinary studies*, 11(65). ISSN: 2319-4766, 394-397.
2. **Prabhu, G. B.** & Shreenivasa K. R. (2023). Attitude of teachers towards physical education. *International Journal of Yoga, Physiotherapy and Physical Education*, 8(4). ISSN: 2456-5067, 19-22.
3. **Prabhu, G. B.** & Kotresha M. B. (2023). Gender differences in smart phone addiction among physical education trainees: A cross-sectional analysis. *International Journal of Physiology, Health and Physical Education*, 5(1). ISSN: 2664-7273, 01-04. Impact factor: 5.62
4. **Prabhu, G. B.** & Harsha C. M. (2023). Effectiveness of different forms of physical activities on body composition, flexibility, and blood pressure in middle aged men and women. *International Journal of Movement Education and Social Science*, 12(1). ISSN: 2321-3779. Impact factor: 5.62
5. **Prabhu, G. B.** (2023). Affirming the potentiality of exercise as an intervention for dealing heart disease: A review. Felicitation volume in Honour of Prof A. Ramegowda titled Towards a better India: Social Research in Action published by Suvvi Publications, Shikaripura, Karnataka. 169-181. ISBN: 978-81-958711-0-0.
6. Durugeshappa, A., & **Prabhu, G. B.** (2023). An investigation on off-season practices of all India interuniversity medalists in kho-kho. *Madhya Bharti*, 83(15), 7-10. ISSN: 0974-0066.
7. Kumara, P. M. D., & **Prabhu, G. B.** (2023). Role of yogic practice in the psychomotor performance of a sports person. *Madhya Bharti*, 83(15), 75-80. ISSN: 0974-0066.
8. Vasanthnaik, P., & **Prabhu, G. B.** (2023). Understanding core visual skills in execution of vision training module for volleyball players. *Madhya Bharti*, 83(15), 69-74. ISSN: 0974-0066.

2022

1. **Prabhu, G. B.** & Vinodha G. T. (2022). Effectiveness of four weeks intensive hula hoops training on spot reduction in young women. *International Journal of Movement Education and Social Science*, 11(2). ISSN: 2321-3779. 2321-3779 Impact factor: 5.62
2. **Prabhu, G. B.**, & Nayak, G. (2022). Effect of eight weeks elevated leg relaxation technique on physiological parameters of female sportspersons during second wave lockdown. *Journal of Physical Education Research*, 9(2), 01-05. ISSN: 2394-4048. Impact factor: 0.654
3. **Prabhu, G. B.** (2022). ದೈಹಿಕ ಶಿಕ್ಷಣ ಒಂದು ಶೈಕ್ಷಣಿಕ ವಿಷಯ (Daihika Shikshana ondu Shaikshanika Vishaya). *Shikshana Soudha- A Quarterly Education and Research Journal* 11(04), 5. ISSN: 2249-2429. 05 UGC Care listed Sr. No. 316
4. **Prabhu, G. B.** (2022). 'ವಿಶ್ವ ಆರೋಗ್ಯ ಸಂಸ್ಥೆಯವರ 2020 ದೈಹಿಕ ಚಟುವಟಿಕೆ ಮಾರ್ಗಸೂಚಿ ಮತ್ತು ಭಾರತ' (Vishwa Arogya samstheyavara prakara 2020 daihika chatuvatike margasuchi mathu Bharatha). *Shikshana Soudha- A Quarterly Education and Research Journal* 12(03), 5. ISSN: 2249-2429. 16 UGC Care listed Sr. No. 316

2021

1. Khan, K., & **Prabhu, G. B.** (2018). A study on changes in joint re-position sense of sportspersons participating in indigenous and non-indigenous sports. *National Research Journal of Information Technology and Information Science*, 8(Special issue 2), 1-4. ISSN: 2456-4419. Impact factor: 6.8
2. Francis, A. P. S. & **Prabhu, G. B.** (2021). A comparative analysis of physical performance in sportspersons from Government and Private sector sports hostels. *International Journal of Movement Education and Social Science*, 10(1). ISSN: 2321-2279. Impact factor: 5.62
3. Francis, A. P. S. & **Prabhu, G. B.** (2021). Comparison of perception about reactivity to stress between male sportspersons of Government and Private sector sports hostels. *International Journal of Movement Education and Social Science*, 10(1). ISSN: 2321-2279. Impact factor: 5.62
4. **Prabhu, G. B.** (2021). Extended Benefits of Active Lifestyle on Body Composition: Covid19 Perspective. Kishore, Gopinathan ., Nair ,Usha ., López de D'Amico,Rosa., Ho, Walter ., Sundaraja Perumal, Jayaraman & Acharya , Ashutosh (2021) Book of abstracts from the 21st Biennial Conference of International Society for Comparative Physical Education and Sport: State Of the Art in Physical Education, Sport And Physical Activity in the International Context Caracas – Thiruvananthapuram : Fundación Civil EDUFISADRED Educación Física, Recreación y Deporte – ISCPES. PP:92.
5. **Prabhu, G. B.** (2021). Technology Interventions in Sports Training and Injury Management. *Compendium of articles for Ten days online national level faculty development program on "Revolution of technology, modern fitness trends, nutrition and*

challenges in physical education & sports”, Published by Department of Physical Education College of Horticulture, Munirabad, Koppal 108-112. ISBN: 978-93-5473-426-7.

6. **Prabhu, G. B.** (2021). Measures to overcome barriers for online physical education: teacher’s perspective. *Aayushi International Interdisciplinary Research Journal, Special Issue on Teaching and Learning through Technology*, 87, 1-4. ISSN: 2349-638x. Impact factor: 7.149
7. **Prabhu, G. B.**, Ankolekar, S., & Naik, P. D. (2021). A Study on Body Mass index of Yoga Practicing Individuals and its Association with Their Age. *International Journal of Physical Education, Health & Sports Sciences*, 10(2), 1-7. ISSN: 2279-0306
8. Nagaraja, Y. & **Prabhu, G. B.** (2021). A study on apprehensions about sports retirement in male and female sportspersons of Karnataka state. *Shodha Sarita*, 8(29), 31-35. ISSN: 2348-2397.
9. Nagaraja, Y. & **Prabhu, G. B.** (2021). A comparative study on physical fitness, body composition and psychological aspects of male retired sportspersons and non-sportspersons. *Shodha Sanchar*, 11(41), 55-60. ISSN: 2229-3620.

2020

1. **Prabhu, G. B.** & Pavithra, M. (2020). Effects of Different Types of Physical Activities on Health of Women. Proceeding of the National conference on Postmodern Feminist Paradigm: Indian Experience and Strategies for Development on 12th & 13th March, 2020 organized by Women Study Centre, Kuvempu University, Shankaraghatta, Shimoga, Karnataka. 77-80. ISBN: 978-81-923260-2-3.
2. Nagaraja, Y. & **Prabhu, G. B.** (2020). Health profiles of retired male and female sports persons of Karnataka state. *International Journal of Health, Physical Education and Computer Science in Sports*, 40(1), 61-64. ISSN: 2231-3265. Impact factor: 7.217
3. Nagaraja, Y. & **Prabhu, G. B.** (2020). A study on socio-economic status of retired male and female sportspersons. *International Journal of Movement Education and Social Science*, 9(2). ISSN: 2321-2279. Impact factor: 5.62
4. **Prabhu, G. B.** (2020). An elaboration of WHO social media tiles on promoting physical activities during covid19 situation. *Vidyabharati International Interdisciplinary Research Journal (Special Issue)*, 2, 91-97. ISSN: 2319-4979.
5. Nagaraja, S. **Prabhu, G. B.** & Prakash, S. M. (2020). Evaluation of measured and perceived body fat percentage among vision and hearing-impaired school children. *International Journal of Multidisciplinary Educational Research*, 09-04(8), 72-81. ISSN: 2277 - 7881. Impact factor: 6.514
6. Nagaraja, S. **Prabhu, G. B.** & Prakash, S. M. (2020). A study on self-perceived and measured right and left-hand tip pinch strength of differently abled children. *International*

Journal of Advanced Education and Research, 5(2), 71-75. ISSN: 2455-5746. Impact factor: 5.34

7. Nagaraja, S. **Prabhu, G. B.** & Prakash, S. M. (2020). An interpretation of actual and perceived right and left hand isometric grip strength of unsighted and hard-of-hearing children. *International Journal of Movement Education and Social Science*, 9(1), 43-46. ISSN: 2278-0793. Impact factor: 5.62
8. Nagaraja, S. **Prabhu, G. B.** & Prakash, S. M. (2020). An assessment of measured and self-perceived forced expiratory volume per second and peak expiratory flow liter per minute among hearing and visually impaired children. *International Journal of Multidisciplinary Research and Modern Education*, 6(1), PP: 34-39 ISSN: 2454 - 6119. Impact factor: 7.315
9. Nagaraja, S. **Prabhu, G. B.** & Prakash, S. M. (2020). An appraisal of self-perceived and measured Low back flexibility of visually and hearing impaired Children of Karnataka state. *International Journal of Yogic, Human Movement and Sports Sciences*, 5(1), 08-11 ISSN: 2456-4419. Impact factor: 5.18

2019

1. **Prabhu, G. B.**, Mahesh, J. N. & Shivamurthy, A. (2019). Association between school attendance and body composition in high school students. *Proceedings of International Conference on YOGA FOR HARMONY OF BODY AND MIND Volume -I*, PP: 42-44. ISBN: 978-81-934473-7-6.
2. **Prabhu, G. B.** (2019). Assessment of physical fitness and its relationship with age and gender in elderly. *Proceedings of National Conference on SOCIAL INNOVATION FOR AGEING POPULATION*, Published by Kittel Arts College Dharwad, 9-13. ISBN: 978-81-928651-8-8.
3. **Prabhu, G. B.**, & Gasti, A. M. (2019). A study on physical activity constraints in employees of higher education. *Review of Research*, II, 203-207. ISSN: 2249-894X. Impact factor: (RJIF) 5.7631
4. **Prabhu, G. B.** (2019). Justifying the Need for Adapted Physical Education in Indian Perspective: A Review. *International Journal of Research and Analytical Reviews*, Special issue for International Conference on REACHING THE UNREACHED THROUGH EDUCATION Organized by Department of Post Graduate Studies and Research in Education Kuvempu University, 79-81. ISSN: 2349 – 5138; E - ISSN 2348 - 1269. Impact factor: 5.75 (h-index)
5. Puranik, G. & **Prabhu, G. B.** (2019). A study of somatotype differences in basketball players playing at different positions. *International Journal of Physical Education, Sports and Health*, 6(4), 52-56. ISSN: 2394-1685. Impact factor: 5.38
6. Puranik, G. & **Prabhu, G. B.** (2019). A study on position wise differences in anthropometric and physiological variables of basketball players. *International Journal of*

Physiology, Nutrition and Physical Education, 4(2): 1644-1646. ISSN: 2456-0057. Impact factor: 5.48

7. Rohan D'Costa & **Prabhu, G. B.** (2019) "Association between actual and perceived endurance in high school students", *International Journal of Physiology, Nutrition and Physical Education*; 4(1): PP: 191-195 ISSN: 2456-0057. Impact factor: 5.48
8. Rohan D'Costa & **Prabhu, G. B.** (2019) "Exploring relationship between measured and perceived flexibility of high school students", *International Journal of Yogic, Human Movement and Sports Sciences*; 4(1): PP: 1072-1074 ISSN: 2456-4419. Impact factor: (RJIF) 5.18
9. Nagaraja, S. & **Prabhu, G. B.** "Relationship between measured and perceived body mass index in special population of Karnataka state", *International Journal of Physiology, Nutrition and Physical Education (2019)*, Volume – 4, Issue – 02. pp: 247-250. ISSN: 2456-0057. Impact factor: 5.48
10. Nagaraja, S. & **Prabhu, G. B.** "A study on relationship between flat foot and health status in differently abled children", *International Journal of Physical Education, Sports and Health (2019)*, Volume – 6, Issue – 04. pp: 16-20. ISSN: 2394-1685. Impact factor: 5.38

2018

1. **Prabhu, G. B.**, & Sujin, D. V. (2018). An assessment of burnout in physical education directors" published in 'Global innovative research dimensions' *proceedings of 7th International Multidisciplinary conference*; PP:151-153. ISBN: 978-1-387-88971-6.
2. **Prabhu, G. B.**, Sharath, S. & Nagaraja, Y. (2018). Comparison of motives for participating in physical activities in high school boys attending C.B.S.E. and state schools. *Proceedings of National Conference on MODERN PERSPECTIVES OF SPORTS SCIENCE AND YOGA FOR THE ENHANCEMENT OF SPORTS PERFORMANCE*, PP: 134-137. ISBN: 9789353004910.
3. Thippeswamy, B., Appanna M. Gasti & **Prabhu, G. B.** (2018). Effect of 24 weeks yogic practices on lipid profile of obese men in Malnad region. *International Journal of Yogic, Human Movement and Sports Sciences*, 3(2). 292-294. ISSN: 2456-4419. Impact factor: (RJIF) 5.18
4. Thippeswamy, B., Gasti, A. M. & **Prabhu, G. B.** (2018). Impact of twenty-four weeks yogic practice on percent body fat of obese men in Shivamogga urban locality. *International Journal of Physiology, Nutrition and Physical Education*, 3(2), 280-282. ISSN: 2456-0057. Impact factor: (RJIF) 5.43
5. Tangarani & **Prabhu, G. B.** (2018). Effect of aerobic dance training on body composition of young women. *International Journal of Yoga, Physiotherapy and Physical Education*, 3(2), 158-161. ISSN: 2456-5067. Impact factor: 5.24

6. Tangarani & **Prabhu, G. B.** (2018). Suitability of yogic interventions to deal stress in young women. *Indian Journal of physical education sports and applied science*, 8(2), 1-5. ISSN: 2229-550X. Impact factor: 4.917
7. Khan, K., Nagaraja, Y. & **Prabhu, G. B.** (2018). Joint Re-Position sense in sportspersons participating in different sports. *International Journal of Yogic, Human Movement and Sports Sciences*, 3(1), 891-894. ISSN: 2456-4419. Impact factor: (RJIF) 5.18
8. Khan, K., Pooja, M. & **Prabhu, G. B.** (2018) Differences in balance ability between sportspersons belonging to indigenous and non-indigenous sports. *Indian Journal of physical education sports and applied science*, 8(1), 51-54. ISSN: 2229-550X. Impact factor: 4.917
9. Khan, K. & **Prabhu, G. B.** “Importance of kinesthetic sense for sportsperson” *Development of research (volume -2)* - proceedings of International Multidisciplinary conference (2018), pp: 100-101. ISSN: 978-1-387-74713-9.
10. Satyanarayana L. H. & **Prabhu, G. B.** “A REVIEW OF KHELO INDIA PROGRAMME: A RAY OF HOPE FOR PROSPECTIVE SPORTS TALENT IN INDIA” *Development of research (volume -2)* - proceedings of International Multidisciplinary conference (2018), pp: 214-216. ISSN: 978-1-387-74713-9.
11. Rohan D’costa & **Prabhu, G. B.** “A REPORT ON BODY MASS INDEX OF STUDENTS FROM RURAL AREA” *Development of research (volume -2)* - proceedings of International Multidisciplinary conference (2018), pp: 252-253. ISSN: 978-1-387-74713-9.

2017

1. **Prabhu, G. B.**, & Bharath B. P. (2017). Review on inclusion of physical activities at summer camps in Shivamogga. *Journal of Physical Education and Sports Sciences*, II, 203-207. ISSN: 2229-7049.
2. **Prabhu, G. B.**, Shadakshari & D’Costa, R. (2017). Examining association between physical fitness and stress in middle aged men and women. *International journal on Health Physical Education and Computer Science*, 27(2), 551-553. ISSN: 2231-3265.
3. **Prabhu, G. B.**, Shivamurthy A. & Abhishek (2017). A study on functioning of health and fitness centers in urban vicinity of Karnataka” Proceedings of National Conference on *Health and fitness in modern society* organized by Tumkur University, Tumkur. PP: 53-55. ISBN: 978-93-82694-31-1
4. Harikanth, S. & **Prabhu, G. B.** (2017). Differences in motivation for participation in sports among male and female youth of Goa. *Indian Journal of physical education sports and applied science* (2017), 7(4), 01-05. ISSN: 2229-550X. Impact factor: 4.917
5. Harikanth, S. & **Prabhu, G. B.** (2017). Examining motivation for sports participation in youth of Goa participating in indigenous and non-indigenous sports. *Indian Journal of*

physical education sports and applied science, 7(4), 11-17. ISSN: 2229-550X. Impact factor: 4.917

6. Nagaraja, S. Prakash, S. M. & **Prabhu, G. B.** (2017). Examining levels of perception on health and fitness in special population of Karnataka state. *International Journal of Movement Education and Social Science*, 6(1), 43-46. ISSN: 2278-0793. Impact factor: 4.318
7. Nagaraja, S. Prakash, S. M. & **Prabhu, G. B.** (2017). An assessment of waist to hip ratio and hand grip strength in special population of Karnataka state”, *Indian Journal of physical education sports and applied science*, 7(3), 74-79. ISSN: 2229-550X. Impact factor: 4.917
8. Nagaraja, Y. & **Prabhu, G. B.** (2017). Effect of eight weeks’ land and sand based plyometric training on selected physical and physiological variables. *International Journal of physical education, fitness and sports*, 6(2), 40-45. ISSN: 2277-5447.
9. Nagaraja, Y. & **Prabhu, G. B.** (2017) Exploring the benefits of yogic practice in sportspersons”, proceedings of National Conference on *Blissful yoga* organized by Tumkur University, Tumkur. (2017), pp: 40-45. ISSN: 978-93-82694-35-9.
10. Naik, R. K., **Prabhu, G. B.** & Prakash, S. M. (2017). Association of physical performance with academic achievement emotional intelligence and educational stress in female adolescents. *International Journal of Physiology, Nutrition and Physical Education*, 2(1), 372-374. ISSN: 2456-0057. Impact factor: 5.43
11. Tangarani, **Prabhu, G. B.** & Shivamurthy, A. (2017). Analysis of body composition and hand grip strength in active and inactive college level girls. *International journal of physical education and sports sciences*, (Special issue), 11(18), 01-04. ISSN: 2231-3745.

2016

1. **Prabhu, G. B.**, Tangarani & D’Costa, R. (2016). Silhouette as a valid self-reported measure of body composition in young women” Proceedings of National Seminar on *Issues and challenges in implementation of physical education and sports science in under graduate level*, PP: 151-153. ISBN: 978-93-84044-93-0.
2. **Prabhu, G. B.**, Naik, R. K. & Ajay, R. E. (2016). Academic stress of active and inactive adolescents in interscholastic sports. *Indian Journal of Physical Education, Sports and Applied Science*, 6(3), 1-6. ISSN: 2229-550X (P) 2455-0175 (O). Impact factor: 1.7051
3. **Prabhu, G. B.**, & Sathyanarayana L. H. (2016). Effectiveness of instability resistance training devices in improving core muscle strength of young men”, *ROLE OF YOGA AND TECHNOLOGY IN ENHANCING SPORTS PERFORMANCE AND POPULACE HEALTH*, PP: 99-101. ISBN: 978-93-80622-03-3.
4. Naik, R. K., **Prabhu, G. B.** & Prakash, S. M. (2016). Physical performance as an indicator of academic achievement emotional intelligence and stress in adolescent boys.

International Journal of Movement Education and Social Science, 5(2), 4-7. ISSN: 2278-0794. Impact factor: 0.316

5. Tole, B. R., Praksh, S. M. & **Prabhu, G. B.** (2016). An analytical study on growth and development of cycling sport in Bijapur district of Karnataka. *International Journal of Engineering Research and Sports Science*, 3(8), 1-4. ISSN: 2348-2400. Impact factor: 2.621

2015

1. **Prabhu, G. B.**, & Mohan, D. (2015). Motor skills in pre-school children of Anganwadi kendras and kindergartens. *Journal of Physical Education Research*, 2(3), 43-52. ISSN: 2394-4056. Impact factor: 0.519
2. Kittur, R. H., **Prabhu, G. B.**, Madialagan, S. & Karlwad, M. B. (2015). Effects of selected yogasana and pranayama practice on physical capabilities of male adolescents. *International Journal of Engineering Research and Sports Science*, 2(4), 1-2. ISSN: 2348-2400. *Impact factor: 2.621*

2014

1. **Prabhu, G. B.**, Shivamurthy, A. & Tangarani (2014). A study on body composition, hand grip strength and bone properties of college level females. *Proceedings of the 10th Kannada Vijnana Sammelana on VIJNANA KANNADA-10*, PP:423-25, ISSN: 2249-5754.
2. **Prabhu, G. B.** (2014) "Exercise training for proprioception: An imperative part of post injury rehabilitation in sports", Proceedings of the UGC sponsored international conference on *Physiotherapy in physical education and sports sciences*, PP: 426-429, ISBN: 978-81-928778-0-8.
3. **Prabhu, G. B.**, Sharanappa S., & Maruthi T. H. (2014). Relationship between self perceived and actual body composition in post graduate female students. *International journal of Fitness, Health, Physical Education and Iron Games*, 1(1), 12-14. ISSN: 2349-722X.
4. Tole, B. R., **Prabhu, G. B.** & Prakash, S. M. ((2014). An appraisal on achievements of cyclists from Bijapur disctric of Karnataka. *Indian Streams Research Journal*, 6(9), 1-5. ISSN: 2230-7850. Impact factor: 4.1625
3. Kittur, R. H., **Prabhu, G. B.**, Madialagan, S. & Karlwad, M. B. (2014). Yogasana and pranayama practice promotes physiological functions in male adolescents: A randomized controlled trial. *Scholars Journal of Arts, Humanities and Social Sciences*, 3(2D), 559-562. ISSN: 2347-9493. Impact factor: 2.0
5. Shivkumar, S., Prakash, S. M. & **Prabhu, G. B.** (2014). Construction of physical fitness norms for adolescent boys of Karnataka state. *Indian Streams Research Journal*, 4(3), 1-4. ISSN: 2230-7850. Impact factor: 2.1506
6. Kumbar, M. B., Shivamurthy, A. & **Prabhu, G. B.** (2014). Comparison of knowledge level of among rural and urban youth on indigenous game of India", proceedings of UGC sponsored Two days National Conference on *Broad base sports and physical education structure at universities (2014)*, pp: 199-203. ISBN: 978-93-82694-15-1.

7. Shivamurthy, A., **Prabhu, G. B.** & Raju, A. S. (2014). Ethnic Influences on Adolescent's Motivation for Participation in Physical Activity. *International Journal of Engineering Research and Sports Science*, 1(7), 78-81. ISSN: 2348-2400. Impact factor: 2.621
8. Shivkumar, S., **Prabhu, G. B.** & Prakash, S. M. (2014). Influence of regional disparity on physical fitness of urban adolescent girls. *International Journal of Engineering Research and Sports Science*, 1(6), 22-25. ISSN: 2348-2400. Impact factor: 2.621

2013

1. **Prabhu, G. B.** & Shivamurthy, A. (2013). Relationship between handgrip strength and bone properties in young females: a cross-sectional study. Proceedings of National Seminar on *Aerobic exercises and yoga science for health and fitness*, PP: 70-76 ISBN: 978-81-926677-0-6
2. **Prabhu, G. B.** (2013). Effect of proprioceptive exercise training on joint reposition sense and balance of athletes with knee injury. *Journal of Exercise Science and Physiotherapy*, 9(2), 89–96. ISSN: 0973-2020, Impact factor: 4.652.
3. **Prabhu, G. B.** & Swamy S. N. (2013). An appraisal of agility in athletes engaged in indigenous and non-indigenous games of India. *Journal of Physical Education and Sport*, 13(4), 621-624. ISSN: 2247 – 8051.
4. **Prabhu, G. B.** (2013). Exploring association between age, depression and physical performance among elderly in old age homes. *International Journal of Movement Education and Social Science*, 2(1), 13-16. ISSN: 2278-0793. Impact factor: 0.316
5. **Prabhu, G. B.**, Shivamurthy, A., & Tangarani (2013). A study on body composition and hand grip strength of active and sedentary college going females. *International journal of behavioral social and movement sciences*, 2(1), 149-155. ISSN: 2277-7547. Impact factor: 1.806
6. Shivamurthy, A., Gasti, A. M. & **Prabhu, G. B.** (2013) Cardio respiratory endurance of football players at inter university level. *International Journal of Movement Education and Social Science*, 2(2), 78-81. ISSN: 2278-0793. Impact factor: 0.316
7. Shivamurthy, A., Gasti, A. M. & **Prabhu, G. B.** (2013). Differences in speed, agility and flexibility among inter university level football players belonging to different south Indian states. *Radix International Journal of Research in Social Sciences*, 2(12), 1-8. ISSN: 2250-3994. Impact factor: 4.22

2012

1. **Prabhu, G. B.** (2012). Exploring Strength Disparities Between Physically Active and Sedentary Men. *Asian Journal of Research in Social Science & Humanities*, November 2012, 2(11), 12-14. ISSN: 2250-1665. Impact factor: 3.094
2. **Prabhu, G. B.** & Prakash S. M. (2012). Bone Mineral Density of Female Athletes in Different Sports. *International Journal of Physical Education, Sports and Yogic Sciences* 1(4), 90-93. ISSN: 2250-1665.

3. **Prabhu, G. B.** (2012). An Investigation on Brand Preference among Sport Shoe Consumers: A Cross-Sectional Investigation. *International Journal of Research in Commerce & Management*, 3(9), 110-115. ISSN: 0976-2183.
4. **Prabhu, G. B.** & Prakash, S. M. (2012) Bone Mineral Density in Female Athletes with Different Loading Patterns. *Osmania Journal of Physical Education*, 6, 86-97. ISSN: 0974-7109.
5. Hoovanna, S. **Prabhu, G. B.**, & Katyayal, S. S. (2012) Societal Health Concern: Exploring perceptions on physical activity among college students. *Health, physical education, sports and wellness in school and community: a holistic and innovative approach*, PP: 309-313. ISBN: 978-81-925348-0-0.
6. Kumbar, M. B., **Prabhu, G. B.**, & Hoovanna, S. (2012). Researching Sexual Exploitation in Sport: A Female Athlete Perspective. *Asian Journal of Research in Social Science & Humanities*, 2(11), 191-197. ISSN: 2249-7315. Impact factor: 3.094

2010

1. **Prabhu, G. B.** & Prakash S. M. “Integrating ICT with physical education: creating a different teaching culture” *ICT IN EDUCATION: RECENT TRENDS* (2010) PP: 115-124 ISBN: 978-93-80626-65-9
2. **Prabhu, G. B.** Prakash S. M. & Rao, S. L. “Incidence of overuse injuries among inter University athletes” *Technological advancement in physical education and sports sciences* (2010) PP: 73-79 ISBN: 978-81-910655-0-3
3. **Prabhu, G. B.** “Socioeconomic and effectiveness issues of physical education trainees in Karnataka” *Dynamic facets of physical education & sports studies* (2009) PP:90-91. ISBN: **978-81-908352-3-7**.

PUBLICATION OF TEXT BOOKS

1. **Prabhu, G. B.** and Tangarani “Healthful living” (2022), ISBN: **978-93-92791-57-4**, Friends Publications, New Delhi.
2. Shivakumar, S., Balakrishna, Rekha, K., Ashwini, K. N., Kumar, P. G. C. & **Prabhu, G. B.** (2022) “Concepts of Yoga and Fitness”, Lulu Publications, U.S. ISBN: **978-1-4583-2010-0**
3. Nadgir, Anand. and **Prabhu, G. B.** (2021) “Arogyakara Jeevana- Vaijnjanika Bunadigalu”, Mallasajjana Prakashana, Dharwad ISBN: **978-93-82986-00-3**
4. Translated Kuvempu University Sports Policy to Kannada during 2019.
5. Nadgir, Anand., **Prabhu, G. B.** and Puranik, Gururaj (2013) “Kreedadhikaratva mattu Kreedha Shikshana Tathvagalu”, Mallasajjana Prakashana, Dharwad ISBN: **978-93-82986-00-3**
6. **Prabhu, G. B.** and Prakash S. M. “Loading Patterns, Physical Activity and Bone Mineral Density” (2012), ISBN: **978-3-659-14301-4**, Lambert Academic Publishers, Germany.

7. Chairman of Review Committee for Physical Education Text Books 6th to 10th grade of Schools of Karnataka by Karnataka Text Book Society, Government of Karnataka during 2016-17.
8. Chairman of 8th Standard Physical Education Text Book on NCF Guidelines for High School Students of Karnataka State.
9. Member of text book committee on Physical Education for 6th to 9th standard published by D.S.E.R.T., Government of Karnataka during 2007.

PAPERS PRESENTED IN ACADEMIC GATHERINGS

1. **Prabhu, G. B.**, “RECENT RESEARCH IN TECHNOLOGY BASED GAMES AND THEIR EFFECTIVENESS” lecture delivered as resource person in the UGC-Sponsored Online Refresher Course in Physical Education and Yoga, conducted by the UGC-Human Resource Development Centre, Bharathidasan University, Tiruchirappalli, on 01.11.2023.
2. **Prabhu, G. B.**, “RECENT RESEARCH TRENDS IN PHYSICAL EDUCATION” lecture delivered as resource person in the UGC Sponsored 14th Refresher course in Physical Education organized by UGC-Human Resource Development Centre, University of Mysore, Mysore., on 09.10.2023
3. **Prabhu, G. B.**, “ATTITUDE TOWARDS PHYSICAL EDUCATION IN UNDER-GRADUATE STUDENTS STUDYING PHYSICAL EDUCATION AS AN OPEN ELECTIVE SUBJECT” a paper presented at International Conference on ‘Emerging Trends and Approaches in Education’ on 20-10-2023 and 21-10-2023 organized by Kumadvathi College of Education, Shikaripura.
4. **Prabhu, G. B.**, “NEED BASED PRACTICAL APPROACHES FOR IMPLEMENTING PHYSICAL EDUCATION UNDER NEP” lecture delivered as resource person in the UGC Sponsored 13th Refresher course in Physical Education organized by UGC-Human Resource Development Centre, University of Mysore, Mysore., on 15.02.2023
4. **Prabhu, G. B.**, “RELEVANCE OF PHYSICAL EDUCATION FOR UG STUDENTS UNDER NEP 2022” lecture delivered as resource person in the UGC Sponsored 13th Refresher course in Physical Education organized by UGC-Human Resource Development Centre, University of Mysore, Mysore., on 15.02.2023
5. **Prabhu, G. B.**, “AREAS OF EXERCISE PHYSIOLOGY” lecture delivered in the 8th Faculty Induction Program organized by UGC - Human Resource Development center, Doctor Harisingh Gour Vishvavidyalaya, Sagar (Madhya Pradesh), on 15th January 2022.
6. **Prabhu, G. B.**, “ROLE OF MEDIA AND TECHNOLOGY IN POPULARIZING SPORTS” a paper presented as Resource Person at Two days ICSSR National Seminar on “Swastha Bharat in India: Problems- Prospects and way forward” on 16-06-2022 & 17-06-2022 organized by Department of P G Studies & Research in Physical Education and Sports Sciences, Karnataka State Akkamahadevi Women’s University, Vijayapura.
7. **Prabhu, G. B.**, PRACTICAL APPLICATION OF PSYCHOLOGICAL TOOLS IN SPORTS a paper presented as Resource Person for two days State level workshop for

Physical Education Directors conducted by A. J. Institute of Medical Sciences & Research Center, Mangalore on 6th May 2022.

8. **Prabhu, G. B.**, SPORTS INJURIES AND THEIR MANAGEMENT Resource Person for the UGC-Sponsored Online Refresher Course in Physical Education & Sports Science, conducted by the UGC-Human Resource Development Centre, Bharathidasan University, Tiruchirappalli for University and College Teachers on 21st October 2021.
9. **Prabhu, G. B.**, “EXTENDED BENEFITS OF ACTIVE LIFESTYLE ON BODY COMPOSITION: COVID 19 PERSPECTIVE” a paper presented at 21st Biennial Conference of International Society for Comparative Physical Education and Sport (2021) on 16-12-2021 organized by Sports Authority of India, Lakshimibai National College of Physical Education.
10. **Prabhu, G. B.**, “VALUES OF PHYSICAL EDUCATION” lecture delivered in the 7th Faculty Induction Program organized by UGC - Human Resource Development center, Doctor Harisingh Gour Vishwavidyalaya, Sagar (Madhya Pradesh), on 24th December 2021.
11. **Prabhu, G. B.**, “TRENDS IN PHYSICAL EDUCATION” lecture delivered in the Refresher course in Teacher Educators: Learning outcomes and educational reform- Pedagogy, Assessment and Quality Assurance organized by UGC - Human Resource Development center, Bangalore University, Bangalore on 27th February 2021.
12. **Prabhu, G. B.**, “INTRODUCTION TO SPORTS INJURIES” lecture delivered in the 12th Refresher course in ‘Physical Education and sports sciences- Recent trends’ organized by UGC - Human Resource Development center, University of Mysore, Mysore on 22nd December 2021.
13. **Prabhu, G. B.**, “RECENT TRENDS IN SPORTS INJURY MANAGEMENT” lecture delivered at the 12th Refresher course in ‘Physical Education and sports sciences- Recent trends’ organized by UGC - Human Resource Development center, University of Mysore, Mysore on 22nd December 2021.
14. **Prabhu, G. B.**, “BLENDING INFORMATION AND COMMUNICATION TECHNOLOGY IN PHYSICAL EDUCATION” lecture delivered on 21-08-2020 at six day International level faculty development programme on “Perspectives and strategies on contemporary issues in physical education and sports” organized by IQAC and Department of physical education and sports, Besant Women’s College, Mangalore from 17-08-2020 to 22-08-2020
15. **Prabhu, G. B.**, “HOLISTIC APPROACH FOR WELLBEING OF YOUTH” lecture delivered at National level Webinar on “Futuristic Trends in Physical Education for Youth During Covid-19” on 10-08-2020 organized by KLE’s G H College, Department of Gymkhana, Haveri
16. **Prabhu, G. B.**, “SPORTS INJURIES AND REHABILITATION” and “SKILLS AND TACTICS OF HANDBALL” academic lectures delivered at National Academic Webinar Series – 2020 in Physical Education conducted by Department of P G Studies & Research in Physical Education, Mangalore University, Mangalore from 24-08-2020 to 01-09-2020.

17. **Prabhu, G. B.,** Nagaraja S. and Ramesh Naik “GRIP STRENGTH DIFFERENCES BETWEEN ABLE BODIED AND DIFFERENTLY ABLED ADOLESCENTS” a paper presented at International e-conference on Social and educational impact of Covid19 outbreak on 17th and 18th August 2020 organized by School of Educational Sciences, S.R.T.M. University, Nanded.
18. **Prabhu, G. B.,** “AN ELABORATION OF WHO SOCIAL MEDIA TILES ON PROMOTING PHYSICAL ACTIVITIES DURING COVID19 SITUATION” a paper presented at First International e-conference on “Future Road map for health, fitness & wellness” on 30-07-2020 and 31-07-2020 organized by Department of Physical Education & IQAC S.G.B. Amravati University, Amravati
19. **Prabhu, G. B.,** “COMMUNITY OFFICIATING: GENERAL PRINCIPLES” a paper presented on 23-06-2020 at Khelo India online PE and Community Coaching Programme held from 01-06-2020 to 30-06-2020 organized by Sports Authority of India Lakshmbai National College of Physical Education under the aegis of Ministry of Youth Affairs and Sports, Government of India.
20. **Prabhu, G. B.,** “SPORT AS AN ANTIDOTE TO DELINQUENCY” a paper presented at National Seminar on Response of the humanities to the present context on 7th September 2019 organized by Kateel Ashok Pai Memorial Institute and MCCS Shivamogga.
21. **Prabhu, G. B.,** “PERSONALITY DIFFERENCES IN INTER-UNIVERSITY LEVEL SPORTSPERSONS FROM RURAL AND URBAN LOCALITIES” paper presented at GLOBAL CONFERENCE ON PHYSICAL EDUCATION AND SPORTS SCIENCES-2018 with the theme “Awareness on sports for youth empowerment” on 11th to 13th October 2018 organized by University College of Physical Education, Acharya Nagarjuna University, Guntur.
10. **Prabhu, G. B.,** “PHYSICAL EDUCATION AS AN ACEDEMIC DISCIPLINE” paper presented at Academic Staff College, Karnatak University, Dharwad for Refresher Course on 9th March 2018
11. **Prabhu, G. B.,** Prakash, S. M. and Shubha, R. K. “EFFECT OF INTEGRATED DEVELOPMENT TRAINING PROGRAMME ON FUNDAMENTAL MOTOR SKILLS OF KINDERGARTEN CHILDREN” a research paper presented at International Congress on “Renaissance in Sports- Strategies, Challenges and Choices” on 10th and 11th February 2017 organized by Research Department of Physical Education & Sports Sciences, National College, Tiruchirapalli (TN).
12. **Prabhu, G. B.,** “IMPORTANCE OF EXERCISE PRESCRIPTION IN DEALING NON-COMMUNICABLE DISEASES” a lead paper presented as resource person at National Seminar on “Harmony of Physical Activity Sports and Education” on 15th and 16th October 2015 organized by J S S College of Arts and Commerce, Gundlupet.
13. **Prabhu, G. B.,** “SAFE YOGA PRACTICE: A NECESSITY” a lead paper presented as resource person at National Conference/ workshop on The importance of Meditation in Yoga and our lives on 8th and 9th January 2015 organized by S.J.M. College for Women, Chitradurga.

14. **Prabhu, G. B., & Harish B. V.** “PREVALENCE OF POST TRAUMATIC STRESS DISORDER IN INTER COLLEGIATE LEVEL INJURED SPORTS PERSONS” research paper presented at International Seminar on Health related Physical Fitness and Wellness on 22nd and 23rd August 2014 conducted by Poornaprajna College, Udupi.
15. **Prabhu, G. B.,** “TECHNOLOGICAL INTERVENTIONS IN DEALING SPORTS INJURIES” paper presented at Academic Staff College, Bangalore University, Bangalore for Refresher Course on Education Technology on 22nd March 2014
16. **Prabhu, G. B.,** (2014) “PORTRAYAL OF OLYMPIC VALUES IN INDIAN MAINSTREAM MOVIES: AN APPRAISAL” research paper presented at International Conference on Physical Education and Sports Sciences on 9th to 11th January 2014 organized by Manipal University, Manipal.
17. **Prabhu, G. B., & Arifulla, D.** “REGIONAL DIFFERENCES IN PERCEIVED PHYSICAL ACTIVITY CONSTRAINTS AMONG EMPLOYED MEN” research paper presented at National Conference on Physical Education and Sports: A challenging future in India on 23rd and 24th August 2013 conducted by Government First Grade College, Kuvempunagara, Mysore.
18. **Prabhu, G. B.** (2013) “A STUDY ON THE ASSOCIATION BETWEEN AGE, DEPRESSION AND PHYSICAL PERFORMANCE AMONG OLDER ADULTS” research paper presented at UGC International Conference on ‘Recent technological Advancement of Sports Science, Ayurveda Medicine, Yoga naturopathy, Physical Education and sports Law’ on 16th to 17th February 2013 organized by Banaras Hindu University (Varanasi).
19. **Prabhu, G. B., Prakash, S. M. & Podiya** (2013) “REVIEW OF FOLK GAMES IN SOUTH CANARA REGION: A CASE STUDY” research paper presented at Global conference on Traditional Physical Cultures, Sports & Games on 15-17 January 2013 organized by Shree Hanuman Vyayam Prasarak Mandal, Amravati.
20. **Prabhu, G. B.,** (2012) “SOCIETAL HEALTH CONCERN: EXPLORING PERCEPTIONS ON PHYSICAL ACTIVITY AMONG COLLEGE STUDENTS” research paper presented at National Seminar on State, Society and Development Dilemma on 10th and 11th April 2012 conducted by Department of Sociology, Kuvempu University, Shankaraghatta.
21. **Prabhu, G. B.,** (2012) “PHYSICAL EDUCATION AS A SOCIALLY RELEVANT DISCIPLINE”, special lecture delivered at H.P.P.C. First Grade College and Post Graduate Center, Challakere, Chitradurga on 28-02-2012
22. **Prabhu, G. B., & Prakash, S. M.** “DEVIANT BEHAVIOURS IN SPORT AFFECTING CHARACTER DEVELOPMENT” research paper presented at National Conference on Multidisciplinary approach to the promotion of sports in Universities on 20th and 21st January 2012 conducted by Dept. of Physical Education, Karnatak University, Dharwad.
23. **Prabhu, G. B., & Prakash, S. M.** “COMPREHENSIVE APPROACH ON ADAPTED PHYSICAL EDUCATION: SOCIAL OBLIGATION TO PHYSICAL EDUCATIONISTS” research paper presented at National Conference on Physical Education and Yoga: A biggest necessity for public health from 29th to 31st march 2010 at SRTMU, Nanded (Maharashtra).

RESEARCH PROJECTS COMPLETED

1. **Prabhu, G. B.** “COMPARISON OF SELECTED ANTHROPOMETRICAL, PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES AMONG INTERVARSITY medalists IN KHO-KHO” minor research project funded by Kuvempu University was successfully completed during 2008-09

SUPERVISION OF DOCTORATE STUDIES

Sl. No.	Name of Scholar	Title of Thesis	Remarks
1	Dr. Ramesh Naik K. Reg. No. 165	A study on the influence of physical performance on academic achievement, emotional intelligence and mental stress of adolescent boys and girls.	Awarded 28-05-2018
2	Dr. Srinivas Harikanth Reg. No. 166	A cross sectional study of motivation for participation in competitive sports among youth and men of Goa.	Awarded 15-06-2018
3	Dr. Khalid Khan Reg. No. 176	A study on proprioception and balance ability in inter university level sportspersons.	Awarded 18-12-2018
4	Dr. Tangarani Reg. No. 177	Effects of Indigenous and non-indigenous exercise interventions for management of body weight, mental stress and body image issues in young women.	Awarded 14-01-2019
5	Dr. Rohan D' Costa Reg. No. 164	The study on self- perceived and measured physical fitness among students at high school, graduation And Post-Graduation level.	Awarded 06-11-2019
6	Dr. Gururaj Puranik Reg. No. 175	Intra-sport comparison of anthropometric, physiological and psychological parameters of basketball players.	Awarded 10-11-2020
7	Dr. Anthony Francis P. S. Reg. No. 172	A study on performance of sportspersons and functionality of coaches in selected private and public sector sports hostels.	Awarded 26-05-2022
8	Dr. Nagaraja Y. Reg. No. 413	A study on repercussions and apprehensions of sports retirement in sportspersons of Karnataka state.	Awarded 18-02-2022
9	Mr. Sunil Ankolekar Reg. No. 546	Examining effectiveness of water based adventure sports and recreational facilities in Karnataka.	On going
10	Mr. Kiran N. Y. Reg. No.	A study on effects of pre and post-performance sports massage on selected performance variables of competitive runners.	On going
11	Mr. Vasanth Naik P. S. Reg. No. 821	Effect of visual training on skill parameters, peripheral vision and balance ability of volleyball players.	On going
12	Mr. Sreenivasa Prabhu Balappa Kusugal Reg. No. 822	A case study on Greco-Roman wrestler Arjun Halkurki.	On going

13	Mr. Dileep Kumar S. C.	Impact of Ultimate Kho-Kho tournament on physical fitness, variables, socio-economic status and skill performance of Kho-Kho players	On going
14	Mr. Gangadhara Magalda	Yet to finalize	On going

PROFESSIONAL EXPERIENCES

1. Attended National level live Webinar on “Stay healthy and keep fit during lockdown” on 14-05-2020 to 16-05-2020 organized by Tamilnadu Physical Education and Sports University, Chennai.
2. Attended National level Webinar on “FITNESS FOR PROTECTION FROM PANDEMIC” on 24-07-2020 organized by Department of Physical Education, University College, Mangalore
3. Attended International level live Webinar on “Wellness through fitness conditioning and rehabilitation” on 13-08-2020 organized by Government First Grade College, Devanahalli
4. Attended First international e-conference on “Future road map for health, fitness & wellness” on 30-07-2020 and 31-07-2020 organized by Department of Physical Education & IQAC S.G.B. Amravati University, Amravati
5. Attended Three days International Webinar on “Phy-Edu Spectrathon 2020” on 28-08-2020 to 30-07-2020 organized by University College of Physical Education, Bangalore University, Bangalore.
6. Attended International Webinar on “Effect of Nutrition, physical activity and Yogic practices on fitness and wellness during Covid19 pandemic” on 07-08-2020 organized by Department of Physical Education, Dwijendralal College. Krishnanagar, Nadia.
7. Attended National level Webinar on “Child safety and protection” on 25-07-2020 organized by KLS Academy.
8. Attended International Webinar on “EMOTIONAL INTELLIGENCE TO KNOCKDOWN THE LOCKDOWN STRESS” on 17-07-2020 organized by Department of Physical Education, Easwari Engineering College, in association with PEFI Tamil Nadu.
9. Attended International Webinar on “HEALTH BENEFITS OF YOGA” on 21-07-2020 organized by Department of Physical Education, Easwari Engineering College, in association with PEFI Tamil Nadu.
10. Attended Webinar on ““Carbohydrates and Athletic Performance: myths and misconception” on 08-06-2020 organised by IQAC in association with Department of Physical Education, Fatima Mata National College (Autonomous) Kollam, Kerala

11. Attended one-day International Webinar on “PHYSICAL, PSYCHOLOGICAL AND SPIRITUAL DISCIPLINE: A KEY TO WELLBEING IN THE NORMAL NEW” on 25-07-2020 organized by Lingaraj College, Belagavi.
12. Attended National Webinar on “Physical Fitness; Lifestyle of the future” on 06-08-2020 organized by Department of Physical Education and Sports, Jyoti Nivas College, Bangalore
13. Attended National Level Online Workshop on “SMART Research” on 07-05-2020 to 09-05-2020 organized by Government First Grade College, Kanakapura
14. Attended Mental Health Yatra 2020 a webinar series on “Internet Addiction and Career in Psychology”, from 27-05-2020 to 29-05-2020.
15. Attended International Multidisciplinary Webinar Series Convergence 2020 organised by IQAC and Department of Physical Education, SES College Sreekanthapuram, Kannur Kerala “Stay Physically Active and Away from Stress During Lock Down” on 06-06-2020.
16. Attended National Webinar on “Strategies of Sports training amidst Covid pandemic” on 13-07-2020 organized by Department of Physical Education, St. Claret College, Bangalore
17. Attended Two Days National level Workshop on “Developing MOOC through SWAYAM” on 8th January 2019 organized by Kuvempu University, Shankaraghatta.
18. Attended Two Days *International Conference on YOGA FOR HARMONY OF BODY AND MIND* on 24th and 25th October 2019 organized by Alagappa University, Karaikudi.
19. Attended One Day National Seminar on SOCIAL INNOVATION FOR AGEING POPULATION on 9 February 2019 organized by Kittel Arts College, Dharwad.
20. Attended One Day State level orientation program on National Education Policy (NEP-2019) on “INTEGRATED TEACHER EDUCATION PROGRAMME” on 26th July 2019 organized by Al-Mahmood B.Ed. college, Shivamogga.
21. Attended One Day Workshop on “DESIGNING QUESTION PAPERS FOR UG COURSES” on 28th June 2019 organized by PME Board, Kuvempu University, Shankaraghatta.
22. Attended One Day State level panel discussion on “DRAFT NATIONAL EDUCATION POLICY-2019” on 26th June 2019 jointly organized by Kuvempu Shatamanotsava Shikshana Mahavidyalaya, Shivamogga.
23. Chairperson of scientific session at the International Conference on REACHING THE UNREACHED on 15-17 March 2019 organized by Department of Education, Kuvempu University Shankaraghatta.
24. Chairperson of scientific session at the Multidisciplinary National Conference on SUSTAINABLE DEVELOPMENT AND KNOWLEDGE MANAGEMENT IN HIGHER EDUCATION on 19 March 2019 organized by Government First Grade College, Shiralakkoppa.

25. Participated in GLOBAL CONFERENCE ON PHYSICAL EDUCATION AND SPORTS SCIENCES-2018 with the theme “Awareness on sports for youth empowerment” on 11th to 13th October 2018 organized by University College of Physical Education, Acharya Nagarjuna University, Guntur.
26. Attended 7th International Multidisciplinary Conference on “GLOBAL INNOVATIVE RESEARCH DIMENSIONS” on 22nd and 23rd June 2018 jointly organized by International Council for development research, Sheshadripuram Academy of Business Studies, Oriental research institute, University of Mysore, State Planning Board, Government of Karnataka and Nerusuan University, Thailand.
27. Chairperson of scientific session at the National Conference on PHYSICAL EDUCATION, YOGA AND SPORTS SCIENCE on 13-15 October 2017 organized by Alva’s College of Physical Education, Moodbidri.
28. Attended one-day Workshop on ‘ONLINE AFFILIATION PROCESS’ organized by College Development Council, Kuvempu University, Shanakaraghatta on 15th November 2017.
29. Attended National Conference on “HEALTH AND FITNESS IN MODERN SOCIETY” on 13th April 2017 organized by Department of Physical Education, University College of Science, Tumkur University, Tumkuru.
30. Chairperson of technical session at the International Conference on PHYSICAL EDUCATION, YOGA AND SPORTS SCIENCES on 24-25 March 2017 organized by Department of Physical Education Gulbarga University, Gulbarga.
31. Attended two days National Workshop on ‘SPORTS INJURIES, TREATMENT MODALITIES, SPORTS MASSAGE AND CPR’ organized by Department of Physical Education and Sports, KLS Gogte College of Commerce, Belagavi on 25th to 26th February 2017.
32. Attended one-week National Workshop on ‘TECHNIQUES IN ELECTRONIC RESOURCE MANAGEMENT AND SERVICES’ organized by Department of Library and Information Science, Sahyadri Arts College, Shivamogga on 8th to 13th September 2016.
33. Attended one-day State level seminar on ‘ENVIRONMENT AND HEALTH’ organized by Department of P G Studies & Research in Environmental science, Kuvempu University on 22nd March 2016.
34. Attended one-week National Workshop on ‘ADVANCED TECHNOLOGIES IN COMPUTER SCIENCE’ organized by Department of P G Studies & Research in Computer Science, Kuvempu University on 22nd to 27th February 2016.
35. Chairperson of technical session at the National Seminar on “PHYSICAL EDUCATION AND YOGIC SCIENCE” on 30th January 2016 at Government First Grade College, Davangere.
36. Attended two days National Seminar on ‘ROLE OF YOGA AND TECHNOLOGY IN ENHANCING SPORTS PERFORMANCE AND POPULACE HEALTH’ organized by

Department of Physical Education, Urumu Dhanalakshmi College, Trichy, on 28th & 29th January 2016

37. Attended one-day workshop on 'FIRST-AID AND AWARENESS OF ROAD SAFETY' organized by Youth Red Cross Unit, Kuvempu University on 23rd November 2015.
38. Author of study material in the paper 'Fitness Management' of PG Diploma in Fitness and Sports Management course of Directorate of Correspondence Courses, Mangalore University
39. Attended two days National Seminar on 'EFFECTIVE IMPLEMENTATION OF SPORTS AND GAMES IN EDUCATIONAL INSTITUTIONS' on 22nd and 23rd December 2014 at Sri Dhavala College, Moodbidre.
40. Attended one-day workshop on 'DISASTER MANAGEMENT' organized by youth red cross unit, kuvempu university on 21st October 2014.
41. Chairperson of technical session at the International Seminar on HEALTH RELATED PHYSICAL FITNESS AND WELLNESS on 22nd and 23rd August 2014 at Poornaprajna College, Udupi.
42. Attended three days International Conference on RECENT TRENDS IN FITNESS, HEALTH & SPORTS SCIENCE organized by International Federation for Fitness, Health, Physical Education and Iron games at Hyderabad from 01-08-2014 to 04-08-2014.
43. Attended three days National workshop on RESEARCH METHODS AND DATA ANALYSIS at National Law University, Delhi from 08-05-2014 to 10-05-2014.
44. Attended one-day workshop on "TRAFFIC RULES AND USE OF FIRE EXTINGUISHER" organized by Youth Red Cross Unit, Kuvempu University on 05th March 2014.
45. Attended two days International Conference on PHYSIOTHERAPY IN PHYSICAL EDUCATION SPORTS SCIENCES organized by Department of Physical Education Government College, Mandya on 22-02-2014 to 23-02-2014.
46. Attended one-day workshop on "FIRST AID" organized by Indian Youth Red Cross Unit, Kuvempu University on 03rd February 2014.
47. Attended one-day workshop on "YOGA AND HEALTH" organized by Indian Youth Red Cross Unit, Kuvempu University on 28th February 2013.
48. Attended National Seminar on AEROBIC EXERCISES AND YOGA SCIENCE FOR HEALTH AND FITNESS on 22-23 February 2013 at Government First grade college, Alnavar, Dharwad.
49. Scrutiny Member for 10th Standard Physical Education Text Book on NCF Guidelines for Students of Karnataka State implemented from 2013-14
50. Attended one-day National Level Workshop on SPORTS NUTRITION at Kuvempu university on 21st May 2012

51. Attended three days National Workshop on “DEVELOPING TOOLS FOR RESEARCH IN EDUCATION” organized by Department of P G Studies & Research in Education, Kuvempu University on 23rd to 25th May 2012.
52. Attended two days workshop on PREPARATION OF SELF INSTRUCTIONAL MATERIAL (SIM) on 23rd and 24th April 2011 organized by Directorate of Distance Education, Kuvempu University in collaboration with DEC of IGNOU, New Delhi.
53. Attended International Conference on PHYSICAL EDUCATION AND SPORTS SCIENCES conducted by NAPESS on 25th to 27th February 2011 at NIO Center Dona Paula, Panjim (Goa).
54. Attended National Conference on INTEGRATING ICT WITH EDUCATION on 8th and 9th Oct 2010 conducted by Dept. of Education, Kuvempu University, Shankaraghatta.
55. Attended National seminar on “ASSIMILATING RECENT DEVELOPMENT OF ICT IN EDUCATION” organized by Department of P G Studies & Research in Education, Kuvempu University on 8th to 9th October 2010.
56. Attended two days national seminar on ‘TECHNOLOGICAL ADVANCEMENT IN PHYSICAL EDUCATION AND SPORTS SCIENCES’ organized by department of Physical Education, Government Sanskrit College, Thiruvananthapuram on 3rd and 4th may 2010.
57. Attended Orientation Programme at Osmania University, Hyderabad from 18-1-2010 to 11-2-2010
58. Attended Aerobics Crash Course conducted by Kuvempu University from April 16th to 18th 2009
59. Attended National Workshop on “SPORTS TRAINING: A MULTIDISCIPLINARY APPROACH” organized at G. N. D. University, Amritsar from 21st to 22nd March, 2009.
60. Attended International conference on HONING MANAGERIAL SKILLS IN SPORTS from 20th to 22nd August 2009 conducted by M. S. University, Tirunelveli (T.N)
61. Attended 30th Annual Conference of Indian Association of Sports Medicine held at J.N. Medical College, Belgaum from 14th to 15th November 2008.
62. Attended the state level workshop on “HEALTH, FITNESS AND DRUG EDUCATION” held at S.J.M. College of Arts and Commerce, Tarikere on 20th march 2008.
63. Participated in National Seminar cum Workshop on “PHYSICAL EDUCATION & SPORTS SCIENCES” held at Sri Sivanthi Aditanar College of Physical Education, Tiruchendur, (T.N) in December 2004
64. Participated in National workshop on “HEALTH AND FITNESS” organized by Department of Physical Education, College of Engineering, Thiruvananthapuram on 17th and 18th March 2004
65. Participated in the INTRODUCTORY TRAINING PROGRAMME ON HUMAN RIGHTS organized by University of Kerala, Trivandrum on August 13th and 14th 2003

66. Attended workshop on “REVIEW OF CURRICULUM CONTENTS OF B. P. ED COURSE IN THE UNIVERSITIES OF KARNATAKA” held at UCPE, Bangalore from 17th to 19th April 2007.
67. Participated in National workshop on WHOLISTIC SPORTS MEDICINE held at LNCPE, Thiruvananthapuram on 8th and 9th June 2007
68. Participated in National Workshop on “YOGA FOR HEALTH AND SPORTS” held at LNCPE, Thiruvananthapuram on 15th June 2007.

HONORS AND AWARDS

1. Member, Sports Advisory Committee, Kuvempu University 2019-20
2. Coach, Kuvempu University Volleyball Men and Women team several times from 2006 till date.
3. Qualified State level referee exam in Volleyball conducted by Karnataka Volleyball Association during 2012.
4. Chairman of 8th Standard Physical Education Text Book on NCF Guidelines for High School Students of Karnataka State to be implemented from 2013-14
5. Coordinator of two days National Seminar on REVELATION OF CURRENT TRENDS AND ISSUES IN PHYSICAL EDUCATION organized by Department of Physical Education, Kuvempu University on 6th & 7th January 2012
6. Editor of SOUVENIR published during two days National Seminar on REVELATION OF CURRENT TRENDS AND ISSUES IN PHYSICAL EDUCATION organized by Department of Physical Education, Kuvempu University on 6th & 7th January 2012
7. Editor of SOUVENIR published during South zone inter-University Volleyball Tournament for Men organized by Department of Physical Education, Kuvempu University during 22nd to 26th January 2011
8. Member of Physical Education Text Book writing committee constituted under Dr. Anand Nadgir on Physical Education for 6th to 9th standard students of Karnataka. Physical Education Text books published by D.S.E.R.T., Bangalore.
9. Framed syllabus for ‘ADAPTED PHYSICAL EDUCATION & SPORTS’ under common syllabus for B.P.Ed courses in Karnataka at UCPE, Bangalore from 17th to 19th April 2007.
10. Selection committee member for Kuvempu University Men & Women teams in Volleyball, Handball & Basketball since 2007

FACULTY DEVELOPMENT PROGRAMMES

1. Successfully completed online two - week inter-disciplinary refresher course/faculty development programme on “Managing Online Classes & Co- Creating MOOCS (Level 2)” from 02 - 16 June, 2021 and obtained Grade A+. organized by Ministry of Human Resource Development Pandit Madan Mohan Malaviya National Mission On Teachers and Teaching (Pmmmmmtt) Teaching Learning Centre, Ramanujan College, Delhi.

2. Successfully completed online two - week inter-disciplinary refresher course/faculty development programme on “Research Methodology and Data Analysis” from 17 - 31 May, 2021 with Grade A. organized by Ministry of Human Resource Development Pandit Madan Mohan Malaviya National Mission On Teachers and Teaching (Pmmmmmtt) Teaching Learning Centre, Ramanujan College, Delhi.
3. Successfully completed seven days online Short-Term Course on “YOGA FOR MENTAL HEALTH” from 08-12-2020 to 14-12-2020 organized by UGC – Human Resource Development Centre, Doctor Harisingh Gour Vishwavidhyalaya, Sagara.
4. Attended Refresher Course at Lakshmibai National University of Physical Education, Gwalior (MP) from 06-10-2020 to 19-10-2020
5. Successfully completed UGC Sponsored Short Term Course on “RESEARCH METHODOLOGY (Social Science & Humanities)” from 22-07-2020 to 24-07-2020 organized by UGC – Human Resource Development Centre, Kannur University, Kannur. (Folio No. 2020/0076)
6. Successfully completed 80th Online Short Term Course on “E - CONTENT DEVELOPMENT” during 09-07-2020 to 15-07-2020 organized by UGC – Human Resource Development Centre, Gujarat University, Ahmedabad. (No.: HRDC/2021/80OSTCEC/28)
7. Successfully Completed Two Weeks Faculty Development Programme on "ADVANCED CONCEPTS FOR DEVELOPING MOOCS" from 02-07-2020 to 17-07-2020 organized by Ministry of Human Resource Development Pandit Madan Mohan Malaviya National Mission On Teachers and Teaching (Pmmmmmtt) Teaching Learning Centre, Ramanujan College, Delhi.
8. Participated in Khelo India online PE and Community Coaching Programme held from 01-06-2020 to 30-06-2020 organized by Sports Authority of India Lakshmibai National College of Physical Education under the aegis of Ministry of Youth Affairs and Sports, Government of India.
9. Attended Refresher Course at Lakshmibai National University of Physical Education, Gwalior (MP) from 04-06-2013 to 24-06-2013
10. Attended Orientation programme at Osmania University, Hyderabad from 18-1-2010 to 11-2-2010

MEMBERSHIP OF BODIES

Member, Board of Studies (BOS) in Physical Education, Bangalore North University, Kolar, Karnataka from 2018.

Member, Board of Studies (BOS) in Physical Education, Davangere University, Davangere, Karnataka from 2018.

Associate editor of "International Journal of Physical Education, Sports and Health", P-ISSN Number: 2394-1685 and E-ISSN Number: 2394-1693 (<http://www.kheljournal.com/board.html>)

Member, Board of Examination (BOE) for under graduate courses in Physical Education of Karnataka State Women's University, Vijayapura, for 2016-17.

Member, Board of Examination (BOE) for Under & Post Graduate courses in Physical Education of University of Mysore, Mysore, for 2016-17.

Member, Board of Examination (BOE) for Under Graduate courses in Physical Education of Bangalore University, Bangalore, for 2014-15; 2016-17.

Member, Board of Examination (BOE) for Post Graduate courses in Physical Education of Mangalore University, Mangalore, for 2014-15.

Member, Board of Examination (BOE) for under graduate courses in Physical Education of Mangalore University, Mangalore, for 2013-14; 2016-17.

Member, Board of Studies (BOS) in Physical Education, Kuvempu University, Shimoga, Karnataka from 2012.

Chairman, Board of Examination (BOE) for **Post Graduate** courses in Physical Education of Kuvempu University, Shimoga, Karnataka for the year 2013-14; 2016-17.

Chairman, Board of Examination (BOE) for **Under Graduate** courses in Physical Education of Kuvempu University, Shimoga, Karnataka for the year 2012-13; 2014-15.

Member, Board of Examination (BOE) for post graduate courses in Physical Education of Kuvempu University, Shimoga, Karnataka since 2011.

Member, Board of Examination (BOE) for under graduate courses in Physical Education of Kuvempu University, Shimoga, Karnataka since 2011.

Life member of National Association of Physical Education & Sports Sciences (NAPESS) since 2011

WORK EXPERIENCES

1. Serving as Associate Professor at Dept. of P.G. Studies and Research in Physical Education Kuvempu University, Shimoga. since 30-12-2020 till date.
2. Serving as Assistant Professor at Dept. of P.G. Studies and Research in Physical Education Kuvempu University, Shimoga. from 30-12-2006 to 29-12-2020.
3. Served as PE Teacher at Govt. High School, Janaga, Tq.Haliyal, (U.K.) from 1-1-2006 to 29-12-2006.
4. Served as guest faculty at Department of Physical Education, Mangalore University, Mangalore 1-12-2006 to 31-12-2005.
5. Served as lecturer at K. G. Nadgir college of Physical Education, Dharwad 1-06-2005 to 30-11-2005.

ORGANIZING EXPERIENCES

1. Organizing Secretary, Pre-conference workshop on 'Advances in Sports Injury management' organized by Department of P. G. Studies in Physical Education Kuvempu University on 11-03-2024 at Jnanasahyadri, Shankaraghatta.
2. Organizing Secretary, National conference on 'PHYSICAL EDUCATION AND SPORTS SCIENCES- PROFESSIONAL PATHWAYS AND PROSPECTS' organized by Department of P. G. Studies in Physical Education Kuvempu University on 12-03-2024 at Jnanasahyadri, Shankaraghatta.
3. Organizing Secretary, two-day National conference on 'RECENT ADVANCES IN PHYSICAL EDUCATION AND SPORTS' organized by Department of P. G. Studies in Physical Education Kuvempu University on 30-03-2022 and 31-03-2022 at Jnanasahyadri, Shankaraghatta.
6. Joint Organizing Secretary for South-zone and All India inter-University Kho-Kho tournament for men held at Kuvempu University from 23-12-2019 to 30-12-2019.
7. Joint Organizing Secretary for All India inter-University Sepak Takraw tournament for men held at Kuvempu University from 23-12-2019 to 30-12-2019.

ACHIEVEMENTS

- **Lt. Col. K. S. C. Nair gold medal** for securing first rank in M.P.E. Examination conducted by University of Kerala during 2003-2005
- **Shri K. G. Nadgir gold medal** for securing first rank in B.P.Ed. Examination conducted by Karnatak University during 2002-2003.
- Awarded **Junior Research Fellowship (JRF)** at National Eligibility Test conducted by University Grants Commission in December 2004.
- Secured B Grade at NCC '**C**' **certificate** examination in 2002.

Information given above is correct and best to my knowledge and belief.

Dr. Gajanana Prabhu.B.